

## BOCADILLOS Y TOSTAS

SANDWICHES AND TOASTS

PITUFO | PITUFO CEREALES | BOCADILLO | BOCADILLO CEREALES  
 ROLL | ROLL CEREAL | BIG ROLL | BIG CEREAL ROLL

	P/S	G/L
Mantequilla y mermelada <i>Butter and jam</i>	3	4.25
Tomate y aceite <i>Tomato and olive oil</i>	3	4.25
Pavo braseado y queso fresco <i>Roasted turkey and fresh cheese</i>	3.5	5
Tortilla francesa <i>French omelette</i>	4	5.5
Mixto (jamón york y queso) <i>Ham and cheese</i>	4	5.5
Catalana con jamón ibérico <i>"Catalana" with iberican ham</i>	4.5	6.5
Catalana con pavo braseado <i>"Catalana" with roasted turkey</i>	4	5.5
Atún con rodajas de tomate <i>Tuna with sliced tomato</i>	4	5.5
Queso fresco, aguacate y rúcula <i>Fresh cheese, avocado and arugula</i>	4.5	5.5
Sándwich mixto <i>Ham and cheese sandwich</i>		4.25
Tosta de mantequilla de cacahuete con plátano y semillas de amapola <i>Peanut butter toast with banana and poppy seeds</i>		4.5
Tosta de huevos revueltos, aguacate, pipas de calabaza y rúcula <i>Scrambled eggs, avocado, pumpkin seeds and rocket toast</i>		5

## BOWLS

**BOWL HIGUERITA | 5.5**

Yogurt de soja y coco, piña, plátano, bayas de goji, granola y almendra tostada

*Soy and coconut yoghurt, pineapple, banana, goji berries, granola and roasted almond*

**BOWL ANTIOXIDANTE | 5.5**

Base de açai, arándanos, frambuesas, nueces, crema de cacahuete, y bayas de goji

*Açai base, blueberries, raspberries, walnuts, peanut butter and goji berries*

**BOWL TROPICAL | 5.5**

Yogurt griego natural, piña, mango, granola, coco rallado

*Plain Greek yoghurt, pineapple, mango, granola, grated coconut*

**BOWL ENERGY | 5.5**

Porridge de avena, plátano, higo confitados, chocolate, miel

*Oat porridge, banana, candied figs, chocolate, honey*

EXTRA FRUTA 1.5€, EXTRA FIBRA 1€, EXTRA SEMILLAS 0,5€

EXTRA FRUIT 1.5€, EXTRA FIBRE 1€, EXTRA SEEDS 0,5€

## TORTILLAS

## OMELETTES

**SOLO DESAYUNOS - 1 TOPPING INCLUIDO** (suplemento 1€)

(Tomate - queso - cebolla - pimiento rojo - pavo braseado - jamón york - atún)

**ONLY BREAKFAST - 1 TOPPING INCLUDED** (supplement 1€)

(Tomato - cheese - onion - red pepper - roasted turkey - york ham - tuna)

2 Huevos 2 Eggs | 4.5

Claros Egg whites | 4.5

## DULCES

## SWEETS

Cookie de chocolate o cookie choco blanco y frutos rojos | 2.5

*Chocolate chip cookie or white chocolate and berries cookie*

Croissant XL | 3

Muffin de chocolate o queso y arándanos | 2.5

*Chocolate or cheese and blueberry muffin*

Tarta del día | 2.5

*Cake of the day*

Berlina | 2.5

Napolitana de chocolate | 2.5

*Chocolate Neapolitan*